

FALL COMMUNITY CLASSES 2017

Fall Session begins September 11th

CLASS	TEACHING ARTIST	TIME	DATES	STUDIO	COST	
MONDAY						
Cardio Groove Combo + Stretch	Open Level	Mimi Rosenblatt	9:00-10:30 AM	Ongoing	Drop In / Class Pass	
Restorative Yoga	Open Level	Mimi Rosenblatt	11:00 AM – noon	begins 12/4		
Pilates	Open level	Ryoko Kudo	5:00-6:00 PM	Ongoing		
Modern	Experienced Beginner+, Ages 14+	Ryoko Kudo	6:00-7:30 PM	9/11-11/27	B	Pre-registration required
Belly Dance	Multi-level, Ages 14+	Fiona Slattery	6:30-7:30 PM	Ongoing	A	Drop In/Class Pass
Tai Chi	Open Level	Berkshire Tai Chi	6:30-8:00 PM	Ongoing	C	Per Instructor
TUESDAY						
Dancer Within	Beginner +	Bettina Montano	9:30-11:00 AM	Ongoing	B	Drop In / Class Pass
Flamenco 2	Adv. Beginner	Joanne Bockemuehl-Jackson	5:15-6:30 PM	through 12/12	C	
Broadway Jazz	Intergenerational, 13+	Tom Masters	6:00-7:30 PM	Ongoing	B	
Afro-Caribbean	Intergenerational, 13+	Kim Waterman	6:30-7:45 PM	Ongoing	A	
WEDNESDAY						
Cardio Groove Combo + Stretch	Open Level	Mimi Rosenblatt	9:00-10:30 AM	Ongoing	C	Drop In / Class Pass
Pilates	Open level	Ryoko Kudo	5:00-6:00 PM	Ongoing	C	
Ballet	Advanced Beginner +	Ryoko Kudo	6:00-7:15 PM	Ongoing	A	
Zumba	Beginner+, 13+	Lindsey Berkowitz	6:15-7:15 PM	Ongoing	C	
Scottish Country Dance	Open Level	Various	7:15-9:15 PM	Ongoing	C	\$7 / Class
THURSDAY						
Gentle Beginners Ballet	Beginner+	Kendra Lassar	9:00-10:15 AM	begins November 2	B	Drop In / Class Pass
Tap 1	Beginner+ Intergenerational, 13+	Tom Masters	5:15-6:15 PM	Ongoing	C	
Acting Improv for Anyone	Open Level	Tom Truss	6:30-8:00 PM	Ongoing	C	
FRIDAY						
Cardio Groove Combo + Stretch	Open Level	Mimi Rosenblatt	9:00-10:30 AM	Ongoing	C	Drop In / Class Pass
Tai Chi	Open Level	Berkshire Tai Chi	10:30-12:15 PM	Ongoing	C	Per Instructor
Hip Hop	Intergenerational, 13+	Anna Masiero	5:45-7:00 PM	through 12/15	A	Drop In / Class Pass
Contact Improv Class		Tom Truss	5:15-7:15 PM	1 st & 3 rd weeks	C	
Contact Improv Jam		Tom Truss	5:15-7:15 PM	2 nd & 4 th weeks	C	sliding scale \$5-\$10
SATURDAY						
Dancing Together	Ages 15 month+ w/caregiver	Tom Truss	9:00-9:45 AM	Ongoing	C	Drop In / Class Pass
Ballet	Advanced Beginner+	Paula Modafferi	9:00-10:30 AM	Ongoing	A	
Zumba	Beginner+, 13+	Lindsey Berkowitz	10:40-11:40AM	Ongoing	A	
Modern 3 Advanced	Intergenerational, 15+	Ian Spencer Bell and Tom Truss	1:00-3:00 PM	Ongoing	B	
Intro to Flamenco	Beginner+, 18+	Joanne Bockemuehl-Jackson	2:00-3:00 PM	through 12/16	C	
Alexander Technique Workshop		Tom Truss	3:30-5:30 PM	2 nd week of month	C	

MEMBERSHIP RATES: \$17 Drop-in, \$150 for 10 Class Pass, \$240 for 20 Class Pass

Tuition assistance available – please inquire!