

DANCE CLASS DRESS CODE

2017-2018



A CENTER FOR THE CREATIVE ARTS

Appropriate attire serves both instructor and student by eliminating distraction and contributes to a focused and respectful learning atmosphere.

FOUNDATION LEVELS

INTRO TO DANCE

GIRLS:

- LEOTARD: white or ballet pink camisole leotard (an additional, long sleeved leotard is fine for the cooler months)
- TIGHTS: pink footless tights
- SHOES: bare feet
- HAIR: secured away from face

BOYS:

- TOP: white form fitting T-shirt (tucked in)
- BOTTOM: black shorts or black boys' dance pants
- HAIR: secured away from face

MODERN/BALLET FOUNDATIONS

GIRLS:

- LEOTARD: black, straight across or high-back camisole leotard (an additional, long sleeved black leotard is fine for cooler months)
- TIGHTS: pink, footless tights
- SHOES: bare feet
- HAIR: secured away from face

BOYS:

- TOP: white, formfitting T-shirt (tucked in)
- BOTTOM: black shorts or black boys' dance pants
- HAIR: secured away from face

BALLET

ADVANCED BEGINNER 1 THROUGH ADVANCED BALLET

GIRLS:

- *LEOTARD: black, straight across or high-backed camisole leotard with thin or wide straps such as those made by *Theatricals* or *Capezio* brand at www.dicountdance.com. **No tanks.** Simple, black, long-sleeved leotards are recommended for winter.
- TIGHTS: pink, convertible tights
- SHOES: pink, canvas, split-sole ballet shoes (*Capezio*, *Bloch* or *Grishko canvas split sole ballet slippers* from Amazon, discountdance.com, or get fitted and purchase them at the nearest dancewear shops, Saratoga Dance in NY, or Rond de Jambe in Pittsfield).
- HAIR: secured away from face in a neat Ballet Bun

BOYS:

- TOP: white form fitting T-shirt (tucked in)
- BOTTOM: black shorts (shorts may be worn with or without black tights) or black leggings
- SHOES: white ankle socks and white canvas, split-sole ballet shoes (*Sansha* brand at www.dicountdance.com)
- HAIR: secured away from face

MODERN

ADVANCED BEGINNER 1 THROUGH ADVANCED MODERN

GIRLS:

- *LEOTARD: black, straight across or high-backed camisole leotard (same as Ballet)
- TIGHTS: black, footless tights or leggings
- SHOES: bare feet
- HAIR: secured away from face

BOYS:

- TOP: white form fitting T-shirt (tucked in)
- BOTTOM: black shorts or black boys' dance pants
- SHOES: bare feet
- HAIR: secured away from face

***PLEASE NOTE:** The black, camisole leotard will be used as a base costume for the performance; therefore no other design is acceptable. Form fitting layers for warmth are acceptable in black or solid color. Ballet slippers must be canvas and split sole because leather slippers can be too sticky and full sole slippers inhibit the development of sensation and articulation in the feet. Once a pair of tights develops runs, it needs to be replaced. We recommend ordering 2-3 pairs at a time. Hair for ballet is a neat bun, with bangs or short pieces of front hair held back from the face. There are several great demonstrations of bun technique on YouTube-type in "ballet bun".

- **We have dress code items for sale at the front desk. Please do not wait until the last minute to purchase any items because we may be out of your size and have to order it. Sometimes items are back ordered for a month.**
- **We recommend if you are buying your dance clothes or ballet shoes on line at www.dicountdance.com or call 800-328-7107. Please indicate that you are a Berkshire pulse student.**

BROADWAY JAZZ/TAP

ALL LEVELS:

GIRLS:

- *LEOTARD: black, straight across or high-backed camisole leotard (same as Ballet/Modern)
- TIGHTS: black, footless tights or Jazz pants
- SHOES: basic black lace-up jazz shoe AND black lace-up tap shoes. The instructor recommends a shoe available through www.dicountdance.com : **Dance Now Kid's Unisex Jazz Tap Shoe.**
- Hair: secured away from face

BOYS:

- TOP: white form fitting T-shirt (tucked in)
- BOTTOM: black shorts or black boys' dance pants
- SHOES: basic black lace-up jazz shoe AND black lace-up tap shoes.
- Hair: secured away from face

***PLEASE NOTE:** The black, camisole leotard will be used as a base costume for the performance; therefore no other design is acceptable. Form fitting layers for warmth are acceptable in black or solid color.

DANCES OF AFRICA/FLAMENCO

ALL LEVELS:

GIRLS:

- *LEOTARD: black, straight across or high-backed camisole leotard (same as Ballet)
- TIGHTS: black, footless tights or Jazz pants
- SHOES: Bare feet for Dances of Africa. Flamenco shoes for Flamenco.
- Hair: secured away from face
- Dances of Africa: Pulse will provide dancers with wraps
- Flamenco: Pulse will provide skirts

BOYS:

- TOP: white form fitting T-shirt (tucked in)
- BOTTOM: black shorts or black boys' dance pants
- SHOES: Bare feet for Dances of Africa. Flamenco shoes for Flamenco.
- HAIR: secured away from face