

FALL COMMUNITY CLASSES 2018 FOR ADULTS AND TEENS

CLASS	TEACHING ARTIST	TIME	DATES	COST
MONDAY				
Berkshire Boxing Program	Genève Brossard	5:00-6:00 PM	Ongoing	Drop In/10 Class pass See Web site description
Modern Dance - Intermediate-Advanced Ages 14+ Intergenerational	Bettina Montano	5:30-7:30 PM	Ongoing	Class Pass/No drop in See Web site description
Tai Chi Open Level	Berkshire Tai Chi	6:30-8:00 PM	Ongoing	Per Instructor
Zumba Ages 13+	Lindsey Berkowitz	6:15-7:15 PM	Ongoing	Drop In/ Class Pass
TUESDAY				
Jazz Ages 13+ Open Level Beginners+	Nicholas Miscusi	9:00-10:15 AM	Ongoing	Drop In/ Class Pass
Ballet Ages 12+ Open Level Beginners+	Lindsey Jacquier	5:30-6:45 PM	Ongoing,	
Afro-Caribbean Ages 13+ Intergenerational	Kim Waterman	6:30-7:45 PM	Ongoing,	
WEDNESDAY				
Yoga Ages 13+ Open Level	Sunie Gorey/Shari Cavalier	6:00-7:00 PM	Ongoing,	Drop In/ Class Pass
Ballet Ages 13+ Advanced Beginner+	Micheline Weiler	6:30-7:45 PM	Ongoing,	
Scottish Country Dance Open Level	Various	7:15-9:15 PM	Ongoing	\$7 / Class to Instructor
THURSDAY				
Dancer Within Ages 13+ Beginners+	Bettina Montano	8:30-9:45 AM	Ongoing	Drop In/ Class Pass
Flamenco 2 Ages 14+	Joanne Bockemuehl- Jackson	6:00-7:15 PM	Ongoing,	
Zumba Ages 13+ Beginners+	Lindsey Berkowitz	6:30-7:30 PM	Ongoing,	
FRIDAY				
Everyday Ballet Open Level	Nicholas Miscusi	9:00-10:15 AM	Ongoing	Drop In/ Class Pass
Tai Chi Open Level	Berkshire Tai Chi	9:30-11:00 AM	Ongoing	Per Instructor
Berkshire Boxing Program	Genève Brossard	5:30-6:30 PM	Ongoing	Drop In/10 Class pass See Web site description
Hip Hop Open Level, Ages 13+	Marissa Finkelstein	5:30-6:45 PM	Starts Oct. 5	Drop In/ Class Pass
Jessie's Awesome Zumba Class With w/PJ Open Level Teens adults	PJ Birriel	6:00-7:30 PM	Ongoing	\$5 / Class to Instructor
SATURDAY				
Yoga Ages 13+ Open Level	Erin Naylor	9:00-10:00 AM	Ongoing	Drop In/ Class Pass
Zumbini With Caregiver, Ages 0-5 *Includes take home materials	Lindsey Berkowitz	9:30-10:15 AM	Sept. 8 - Dec. 8	\$125 for 6 classes*
Ballet Ages 13+ Experienced Beginner+, Open Level	Micheline Weiler	10:00-11:30 AM	Ongoing,	Drop In / Class Pass
Zumba Ages 13+ Beginner+	Lindsey Berkowitz	10:20-11:20 AM	Ongoing,	
SUNDAY				
Berkshire Boxing Program	Genève Brossard	5:30-6:30 PM	Ongoing	Drop In/10 Class pass See Web site description
MEMBERSHIP RATES				
\$17 Drop In Class		\$100 10 class fitness pass (Zumba and Yoga classes)		
\$150 for 10 class Pass*, \$240 for 20 Class Pass* (*Includes all class passes)				
*Tuition assistance available for these passes – please inquire!				