

SPRING COMMUNITY CLASSES 2019 FOR ADULTS AND TEENS

CLASS	TEACHING ARTIST	TIME	DATES	COST
MONDAY				
Berkshire Boxing Program	Genève Brossard	5:00-6:00 PM	Ongoing	Drop In Only See Web site description
Move Your Story (Out of the Way)	Kristine Waterman	6:15-8:15 PM	Jan. 28-April 8	\$150 for 10 weeks
Tai Chi Open Level	Berkshire Tai Chi	6:30-8:00 PM	Ongoing	Per Instructor
TUESDAY				
Jazz Ages 13+ Open Level Beginners+	Nicholas Miscusi	9:00-10:15 AM	Ongoing	Drop In/Class Pass
Ballet Ages 12+ Open Level Beginners+	Lindsey Jacquier	5:30-7:00 PM	Ongoing	
Afro-Caribbean Ages 13+ Intergenerational	Kim Waterman	6:30-7:45 PM	Ongoing	
WEDNESDAY				
Modern Ages 16-Adult Experienced Beginner+, Open Level	Bettina Montano	6:00-7:30 PM	Begins Jan. 30	Drop In/Class Pass
Yoga Ages 13+ Open Level	Erin Naylor	6:00-7:00 PM	Ongoing	Drop in/Class Pass
Scottish Country Dance Open Level	Various	7:15-9:15 PM	Ongoing	\$7 / Class to Instructor
THURSDAY				
Dancer Within Ages 13+ Open Level Beginners+	Bettina Montano	8:45-10:00 AM	Ongoing	Drop In/Class Pass
Flamenco 2 Ages 14+ Intermediate/Adv.	Joanne Bockemuehl-Jackson	6:15-7:30 PM	Inquire Before Attending	
Zumba Ages 13+ Beginners+	Lindsey Berkowitz	6:30-7:30 PM	Ongoing	
The Acting Body For Actors and Dancers Ages 18+	Tom Truss	7:30-8:45 PM	Jan. 24-April 4 No Class Feb 21	\$150 for 10 weeks
FRIDAY				
Everyday Ballet Open Level Beginners+	Nicholas Miscusi	9:00-10:15 AM	Ongoing	Drop In/Class Pass
Tai Chi Open Level	Berkshire Tai Chi	9:30-11:00 AM	Ongoing	Per Instructor
Berkshire Boxing Program	Genève Brossard	5:30-6:30 PM	Ongoing	Drop In ONLY See Web site description
Hip Hop Ages 10-12 with prior experience, Open level for ages 13-18	Marissa Finkelstein	5:30-6:45 PM	Ongoing	Drop In/Class Pass
Jessie's Awesome Zumba Class With w/PJ Open Level Teens adults	PJ Birriel	6:00-7:30 PM	Ongoing	\$5 /Class to Instructor
SATURDAY				
Yoga Ages 13+ Open Level	Erin Naylor	9:00-10:00 AM	Ongoing	Drop In/Class Pass
Zumbini With Caregiver, Ages 0-5 *Includes take home materials	Lindsey Berkowitz	9:30-10:15 AM	Jan. 26-Mar.16 Mar. 23-May 11	\$125 for 6 classes*
Ballet Ages 13+ Experienced Beginner+, Open Level	Micheline Weiler	10:00-11:30 AM	Ongoing	Drop In/Class Pass
Zumba Ages 13+ Beginner+	Lindsey Berkowitz	10:20-11:20 AM	Ongoing	
Jazz Open level, Ages 14+	Nicholas Miscusi	2:00-3:15 PM	Begins Feb.9	
SUNDAY				
Berkshire Boxing Program	Genève Brossard	10:00-11:30 AM	Ongoing	Drop In ONLY See Web site description
MEMBERSHIP RATES				
\$17 Drop In Class		\$100 10 class fitness pass (Zumba and Yoga classes)		
\$150 for 10 class Pass*, \$240 for 20 Class Pass* (*Includes all class passes)				
*Tuition assistance available for these passes – please inquire!				