

SPRING COMMUNITY CLASSES 2019 FOR ADULTS AND TEENS

CLASS	TEACHING ARTIST	TIME	DATES	COST	
MONDAY					
Tai Chi	Open Level	Berkshire Tai Chi	6:30-8:00 PM	Ongoing	Per Instructor
TUESDAY					
Jazz	Ages 13+ Open Level Beginners+	Nicholas Miscusi	9:00-10:15 AM	Ongoing	Drop In/Class Pass
Ballet	Ages 12+ Open Level Beginners+	Lindsey Jacquier	5:30-7:00 PM	Ongoing	
Afro-Caribbean	Ages 13+ Intergenerational	Kim Waterman	6:30-7:45 PM	Ongoing	
WEDNESDAY					
Modern	Ages 16-Adult Experienced Beginner+, Open Level	Bettina Montano	6:00-7:30 PM	Ongoing	Drop In/Class Pass
Yoga	Ages 13+ Open Level	Erin Naylor	6:00-7:00 PM	Ongoing	Drop in/Class Pass
Scottish Country Dance	Open Level	Various	7:15-9:15 PM	Ongoing	\$7 / Class to Instructor
THURSDAY					
Dancer Within	Ages 13+ Open Level Beginners+	Bettina Montano	8:45-10:00 AM	Ongoing	Drop In/Class Pass
Flamenco 2	Ages 14+ Intermediate/Adv.	Joanne Bockemuehl-Jackson	6:15-7:30 PM	Inquire Before Attending	
Zumba	Ages 13+ Beginners+	Lindsey Berkowitz	6:30-7:30 PM	Ongoing	
The Acting Body	Ages 18+ For Actors and Dancers	Tom Truss	7:30-8:45 PM	Jan. 24-April 4	\$150 for 10 weeks (can be prorated)
FRIDAY					
Everyday Ballet	Open Level Beginners+	Nicholas Miscusi	9:00-10:15 AM	Ongoing	Drop In/Class Pass
Tai Chi	Open Level	Berkshire Tai Chi	9:30-11:00 AM	Ongoing	Per Instructor
Berkshire Boxing Program		Genève Brossard	5:30-6:30 PM	Ongoing	Drop In ONLY See Web site description
Hip Hop	Ages 10-12 with prior experience, Open level for ages 13+	Marissa Finkelstein	5:30-6:45 PM	Ongoing	Drop In/Class Pass
Jessie's Awesome Zumba Class with PJ!	Open Level Teens & adults	PJ Birriel	6:00-7:30 PM	Ongoing	\$5 /Class to Instructor
SATURDAY					
Yoga	Ages 13+ Open Level	Erin Naylor	9:00-10:00 AM	Ongoing	Drop In/Class Pass
Zumbini	With Caregiver, Ages 0-5 *Includes take home materials	Lindsey Berkowitz	9:30-10:15 AM	Jan. 26-Mar.16 Mar. 23-May 11	\$125 for 6 classes*
Ballet	Ages 13+ Experienced Beginner+, Open Level	Micheline Weiler	10:00-11:30 AM	Ongoing	Drop In/Class Pass
Zumba	Ages 13+ Beginner+	Lindsey Berkowitz	10:20-11:20 AM	Ongoing	
Jazz	Open level, Ages 14+	Nicholas Miscusi	2:00-3:15 PM	Ongoing	
MEMBERSHIP RATES					
\$17 Drop In Class			\$100 10 class fitness pass (Zumba and Yoga classes)		
\$150 for 10 class Pass*, \$240 for 20 Class Pass* (*Includes all class passes)					
*Tuition assistance available for these passes – please inquire!					