



BALLET Mini Intensive

SUMMER 2020

**A ONE WEEK SUMMER PROGRAM FOR
Advanced Beginner/Intermediate/Advanced level dancers**

The Berkshire Pulse ballet program offers dancers an opportunity to expand their knowledge of ballet as a traditional and contemporary art form, while experiencing its value as an effective tool for other disciplines. While rooted in traditional values, our training offers the most current techniques. We uphold the highest professional standards while encouraging a non-competitive learning atmosphere that fosters the individuality of each student as a developing artist.

This week-long mini-intensive program is designed to support dancers in re-establishing and enhancing their in-studio ballet practice. Daily classes will begin with pre-barre and barre technique and continue with center and traveling phrase work and variations. Each class will finish with conditioning and stretch technique. Students will be required to wear masks. Mask breaks will be taken outdoors. All other social distancing and safe indoor studio practice recommendations will be followed.

Students are required to complete the application below and submit by Aug 7 in order to be considered for this program. Each week is limited to 8 participants. Students are accepted on a first-come-first-served basis.

Dates:

August 17-22, Advanced beginners/Intermediate pre-pointe, Ages 11+

August 24-29, Intermediate-advanced/pointe, Ages 13+

Times: Monday -Friday 4-6:30PM Saturday 9-11:30AM

Location: Berkshire Pulse, 420 Park Street, Housatonic, MA.

Tuition: \$150

Please upload completed application form and send to berkshire.pulse@gmail.com or print and mail to

Berkshire Pulse, PO Box 37, Housatonic, MA 01236

Full tuition is due upon acceptance to the program.



A CENTER FOR DANCE AND THE CREATIVE ARTS

SUMMER 2020 BALLET PROGRAM APPLICATION FORM

Parent/Guardian Name: _____

Student's Name: _____ Age: ____ Date of Birth: _____

Mailing Address: _____

City: _____ State: _____ Zip: _____

Home Phone: _____ Cell Phone _____

Email Address: _____

Please list any previous injuries that we may need to be aware of:

Parent/Guardian/Participant (18+) Signature: _____ Date: _____

APPLICANTS - Please answer the following questions:

1. Describe your previous experience with dance, including primary classes and where you have studied.

2. Tell us why you have chosen to participate in this program.

Thank you. We look forward to dancing with you soon!