



## **Berkshire Pulse Covid-19 Protocol**

*We ask all individuals and groups that enter Berkshire Pulse studios to follow the protocol below.*

- Follow check-in process at arrival. Upon arrival, check-in downstairs to have a symptom and temperature check. If your temperature is 99° or above, you can wait five minutes to try again. If it is still 99° or above, you will not be able to use the studio that day.
- Masks should be worn at all times, unless alone in a studio, or sharing a closed studio space with members of your pod or household.
- Wash or sanitize your hands upon arrival, and regularly throughout your stay. Hand sanitizer is available in every room and studio.
- Dance within the taped-off squares in each studio (8'-9') and maintain social distance in the hallways and facilities.
- Because we are limiting the number of people entering our facility, caregivers of students 10+ should call the Pulse phonenumber when they have arrived at pickup time: 413-274-6624. Students under the age of 10 may be accompanied to the third floor studios by their caregivers.
- To keep our studios hygienic, Pulse staff will wipe down all the objects and surfaces (floors, door knobs, switches, barres, etc) after each class and regularly clean bathrooms.

*To ensure your safety, Berkshire Pulse is committed to maintaining a healthy, safe environment. Thanks to your continued vigilance, Pulse has yet to have a single case of COVID-19. If you become aware that someone in your household has been exposed to COVID-19, Pulse must be informed of that exposure for contact tracing procedures. The sooner we all know, the safer we can keep everyone in our community.*

For any questions, please reach out to the Operations Manager, Benjamin Court, at [benjamin.pulse@gmail.com](mailto:benjamin.pulse@gmail.com)