



Intermediate / Advanced Ballet Intensive

SUMMER 2021

**A ONE WEEK SUMMER PROGRAM
Intermediate/Advanced level dancers (age 14+)**

In this weeklong intensive, we aim to first create a safe environment for each student by nurturing their specific needs. Drawing on classical Cecchetti and Vaganova methods, and incorporating contemporary knowledge of functional and healthy alignment, the days will consist of a full-length ballet class including adagio and allegro work, pointe or pre-pointe class, strengthening and conditioning class including Pilates method, as well as supplementary classes including Horton/Graham and repertory. Challenging all facets of the student's artistry, our faculty will meet each artist where they are to refine their technical skills, strength, musicality, and foster their dynamic artistry.

Led by teaching artist Isadora Wolfe.

Students will be required to wear masks. Longer mask breaks will be taken outdoors between classes. All other social distancing and safe indoor studio practice recommendations will be followed.

Students are required to complete the application below and submit by May 31 in order to be considered for this program. Each week is limited to 16 participants. Students are accepted on a first-come-first-served basis.

Dates: August 2-August 7, Monday-Friday

Times: 9am-3pm

Location: Indoors at Berkshire Pulse Studios

Tuition: \$400 for the full session, Tuition Assistance available

Please upload completed application form and send to berkshire.pulse@gmail.com or print and mail to

Berkshire Pulse, PO Box 37, Housatonic, MA 01236

Full tuition is due upon acceptance to the program.



A CENTER FOR DANCE AND THE CREATIVE ARTS

SUMMER 2021 INTENSIVE APPLICATION FORM

Parent/Guardian Name: _____

Participant's Name: _____ Age: ____ Date of Birth: _____

Mailing Address: _____

City: _____ State: _____ Zip: _____

Home Phone: _____ Cell Phone _____

Email Address: _____

Please list any previous injuries that we may need to be aware of:

Parent/Guardian/Participant (18+) Signature: _____ Date: _____

APPLICANTS - Please answer the following questions:

1. Describe your previous experience with dance, including primary classes and where you have studied.

2. Tell us why you have chosen to participate in this program.

Thank you. We look forward to dancing with you soon!