

Weekly Youth Program Classes

Weekly Youth Program classes are running from July 5- July 31, unless otherwise noted. They will take place at either Berkshire Pulse or Chesterwood.

CREATIVE DANCE for ages 4-7

With Tom Truss

The joy of movement and imagination are inspired through a playful and guided approach to improvisation, shape, rhythm, balance, flow, and locomotor skills. Lively music, stories, and imagery are key elements of this class. Connections to real-world experiences are made to meet children where they are and build self-esteem in an inclusive group environment. Traditional technique is introduced for continuation in the dance forms of their choice.

Monday 3:45-4:45 PM

Chesterwood

\$64 for the session

DANCE EXPRESSIONS 1 for ages 5-7

With Kristine Waterman

A playful approach to traditional technique, improvisation, shape and rhythm, music and story, balance and flow, this class is an ideal introduction to dance. Dancing outdoors will be our inspiration allowing the natural beauty of our environment to inspire dance making as we explore a 'new way' of being together and connecting.

Wednesday, 3:45-4:30pm

Chesterwood

\$64 for the session

DANCE EXPRESSIONS 2 for ages 8-11

With Kristine Waterman

Wednesday, 4:40-5:40pm

Chesterwood

\$64 for the session

DANCE FOR BOYS for ages 11+

with Tom Masters

Here's a chance to jump, turn and soar! This class introduces boys, and male identifying persons, to the athletic and artistic skills required in dance training. The class includes elementary classical dance technique, improvisation and dance making. Rhythm, movement quality, musicality, and healthy alignment are developed while offering students the opportunity to explore their own strengths and abilities through a diverse dance practice. An inspiring foundation for further study in all dance forms, sports and life!

Monday 4-5:30 PM

Chesterwood**\$64 for the session****JAZZ 2 for ages 11+****with Tom Masters**

This class will focus on learning proper dance techniques such as isolations of the body, improving performance quality and developing complex rhythms and patterns. Students will be exposed to various styles of jazz such as Broadway, Matt Mattox and Contemporary to help develop a well-rounded dancer. We'll be dancing in the grass, so dancers will need jazz shoes or socks for this class. Requirements: one additional class a week in either modern or ballet, Flamenco or Dances of Africa are all options.

Pulse Studios**Tuesday 4-5:30 PM****\$64 for the session****BROADWAY JAZZ 3 for ages 13+****with Tom Masters**

This high-energy class will prepare any dancer for the bright lights of Broadway! Relying heavily on a knowledge of ballet and jazz, this class will place a high focus on musical interpretation as you learn actual Broadway choreography. Participation in an additional ballet and/or modern technique class is required for students in this class.

Pulse Studios**Thursday 4-5:30pm****\$64 for the session****TAP INTERMEDIATE/ADVANCED for ages 12-adult****with Tom Masters**

This class will be focusing on clean technique, speed of sound and more complex combinations of steps.

Pulse Studios**Thursday 5:45-6:45pm****\$64 for the session**