

Summer 2022 Contemporary Intensive

July 18-29

Group 1: advanced beginner/intermediate dancers, ages 11-13

Group 2: intermediate/advanced dancers, ages 14+

		Monday 7/18	Tuesday 7/19	Wednesday 7/20	Thursday 7/21	Friday 7/22
		8:30-9:15am	8:30-9:15	8:30-9:15	8:30-9:15	8:30-9:15
Group 1		Optional Ballet Barre (Micheline)				
Group 2						
		9:30-10:45am	9:30-10:45am	9:30-10:45am	9:30-10:45am	9:30-10:45am
Group 1	Contemporary (Fern)	Contemporary (Fern)	Contemporary (Fern)	Contemporary (Fern)	Contemporary (Fern)	Contemporary (Fern)
Group 2	Samba (Luana)	Samba (Luana)	Hip Hop (Sereena)	Hip Hop (Sereena)	Hip Hop (Sereena)	Hip Hop (Sereena)
		11:00-12:15pm	11:00-12:15pm	11:00-12:15pm	11:00-12:15pm	11:00-12:15pm
Group 1	Samba (Luana)	Samba (Luana)	Hip Hop (Sereena)	Hip Hop (Sereena)	Hip Hop (Sereena)	Hip Hop (Sereena)
Group 2	Contemporary (Fern)	Contemporary (Fern)	Contemporary (Fern)	Contemporary (Fern)	Contemporary (Fern)	Contemporary (Fern)
		12:15-1:15pm LUNCH (transport to Chesterwood)				
		1:15- 3:30pm	1:15- 3:30pm	1:15- 3:30pm	1:15- 3:30pm	1:15- 3:30pm
Group 1	Dance Composition (Gillian)	Dance Composition (Gillian)	Dance Composition (Gillian)	Dance Composition (Gillian)	Dance Composition (Gillian)	Dance Composition (Gillian)
Group 2	On-Site Composition (Rebecca)	On-Site Composition (Rebecca)	On-Site Composition (Rebecca)	On-Site Composition (Rebecca)	On-Site Composition (Rebecca)	On-Site Composition (Rebecca)

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		Monday 7/25	Tuesday 7/26	Wednesday 7/27	Thursday 7/28	Friday 7/29
		8:30-9:15am	8:30-9:15	8:30-9:15	8:30-9:15	8:30-9:15
Group 1		Optional Ballet Barre (Micheline)				
Group 2						
		9:30-10:45am	9:30-10:45am	9:30-10:45am	9:30-10:45am	9:30-10:45am
Group 1	Contemporary (Fern)	Contemporary (Fern)	Contemporary (Fern)	Contemporary (Fern)	Contemporary (Fern)	Contemporary (Fern)
Group 2	Contemporary (Leighann)	Contemporary (Leighann)	Contemporary (Leighann)	Contemporary (Leighann)	Contemporary (Leighann)	Contemporary (Leighann)
		11:00-12:15pm	11:00-12:15pm	11:00-12:15pm	11:00-12:15pm	11:00-12:15pm
Group 1	African Dance (Nkoula Badila with percussionist Ntchota Badila)	African Dance	African Dance	African Dance	African Dance	African Dance
Group 2						
		12:15-1:15pm LUNCH (transport to Chesterwood)				
		1:15- 3:30pm	1:15- 3:30pm	1:15- 3:30pm	1:15- 3:30pm	1:15- 3:30pm
Group 1	Dance Composition (Gillian)	Dance Composition (Gillian)	Dance Composition (Gillian)	Dance Composition (Gillian)	Dance Composition (Gillian)	Dance Composition (Gillian)
Group 2	Dance & Film (Leighann)	Dance & Film (Leighann)	Dance & Film (Leighann)	Dance & Film (Leighann)	Dance & Film (Leighann)	Dance & Film (Leighann)

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Class Descriptions

Ballet Barre with Micheline Weiler	Dancers will begin their day with a ballet barre to connect with their core, engage their awareness of alignment, and warmup their bodies. Exercises will be given with modifications, either to challenge more advanced students or to simplify the combination or complexity of steps, dependent upon the needs of each dancer. This class will "wake up" the dancers' bodies and prepare them for the rigor and amplitude of this amazing program.
Contemporary with Fern Katz	This class is a blend of contemporary technique with a dash of physical dance theater! On the technical side, students will explore momentum, spirals, and getting in and out of the floor with ease. Inspired by the teachers that Fern has had the pleasure of learning from like David Zombrano, Jos Baker of Peeping Tom, and so many others, she blends aspects of Flying Low and contemporary floor work to teach a highly athletic form of contemporary technique. Additionally, students will investigate various physical theater techniques in order to develop skills in accessing performance qualities. Through these ideas, each student should feel empowered to discover aspects of their individual interests and strengths in performance.
Samba with Luana dias David	Description coming
Commercial Hip Hop with Sereena Hunter	Description coming
Dance Composition with Gillian Ebersole	Dance Composition will explore the fundamental skills of improvisation, dance making, and choreography. Dancers will learn about improvisational techniques to bolster their work as solo artists and as part of a group. They will experiment with creating and manipulating phrasework and practice collaborating to make duet and group pieces. Dancers will play with themes, costuming, and music choices as they craft their choreography.
On-site Composition with Rebecca Alson-Milkman	Using the grounds of Chesterwood as our frame and inspirational point of departure, we will explore how our bodies relate both to each other and the space around us. Through structured improvisations and dance study assignments, students will play with performer and audience perspectives and investigate how natural and architectural elements can inform movement choices and meaning-making.
African Dance with Nkoula Badila and percussionist Ntchota Badila	During our class sessions we will be learning different Traditional dances of Ancestral Africa, accompanied by live percussion. These movements will be celebratory of the celebration of life. The students will learn Dances of cultivation, rights of passage, cleansing, dance of warriors, and welcoming in royalty. We will weave in the lessons of the day and share reflections from what we learned to support a wholesome experience of the class.
Contemporary with Leighann Kowalski	Students will dive into a contemporary dance technique informed by Hawkins Modern Dance, Acrobatics, and Relational Intelligence (Nita Little). The class will cover foundational movement, embodying theory and exploring ideas like weight change, tension cues & sensation, to name a few. Working both across the floor and at center, students will be challenged with intricate details and athletically robust ground-based & inverted movement.
Dance and Film with Leighann Kowalski	This class puts students on both sides of the film camera. We will explore how to move with a camera to capture movement, and how to move for the camera to capture sensation.