

Rick Shrum | \$260

Rick Shrum

Wendy Welch

Berkshire Pulse - Fall 2022 In-Studio Schedule

UPCOMING WORKSHOPS: Authentic Movement - Sunday 9/18, 10/30, 11/20, 12/4 1-4:30pm

OFF-SITE CLASSES: Community Boxing Gym at the Housie Dome - Mon & Fri starting Oct 3, Latin Dance Shines at Simon's Rock

-Tues & Thurs starting Oct 25

| ■ YOUTH/TEEN, F | PAP ADULT/TEEN, C | OMMUNITY | | | Last updated: 9/8/22 |
|---|--|---|---|--|---|
| MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY | SAT |
| | | | STUDIO A | | |
| 4-5:30pm MODERN 2, age 11+ Gillian Ebersole | 4-5:30pm BALLET 2, age 10+ Fiona Scruggs | 4-5:15pm MODERN 1, age 9-12 Bettina Montano | 3:45-4:45pm INTRO TO DANCE, age 6-8 Fiona Scruggs | 4- 5:30pm BROADWAY JAZZ 3/4, age 14-Adult Tom Masters *Guest Hip Hop Workshops will take place instead of regular class on 10/28, 11/18, and 12/9 4-6pm* | 9-10am Beginners Ballet, age 8-10 Fiona Scruggs |
| 6-7pm TAEKWONDO (Rental) Starts Oct. 1 | 5:45-7:15 PM YOUNG CHOREOGRAPHERS INITIATIVE, age 16- adult Susan Quinn | 5:45-7:15pm COMMUNITY JAZZ Open level, adv. beginner, age 13-adult Shaan Battersby AFRICAN DANCE WORKSHOPS, Open Level, age 11+ with Nkoula Badila will take place instead of regular class on Oct 5 (FREE AT HOUSY PARK), Nov 9, Dec 7. | 5:30-7pm JAZZ 2-3, age 11+ Tom Masters | 5:40-6:20pm PRE-POINTE, age 11+ by invitation Emily Hildebrand 6:30-7:30pm EAST COAST SWING *Full session commitment and partner required* Beginners, age 16-adult Alex Bloomstein September 16-October 21 | 10:10-11:25am BALLET 1, age 9-12 Fiona Scruggs 1-2:30pm COMMUNITY CONTEMPORARY adv. beginners/intermediate + age 14-adult Gillian Ebersole and Shannon Nulj |
| | | S | STUDIO B | | |
| 4-5:40pm MODERN 3, age 13+ Bettina Montano and Shannon Nulf | 9-10:20am MODERN Open level beginners+, ages 16-adult Bettina Montano | 4-5:30pm BALLET 3, age 12+ Emily Hildebrand | 3:45-5pm (starting 10/6) DANCE FOR BOYS, age 10-14 Tom Masters Gillian Ebersole assists | 9-10am VITAMIN D, age 14-adult Jessica Mahaney | 9-10:30am COMMUNITY BALLET, Open level, Adv beg-int, age 12-adult Shannon Nulf |
| 5:45-7pm YOUNG | 4-5:30pm CONTEMPORARY 4, age 14-adult Isadora Wolfe | 5:45-7:15pm BALLET 4, age 14-adult Emily Hildebrand | 5:15-6:00pm THERAPEUTIC MOVEMENT EDUCATION CLASSES FOR THE SPECIAL CHILD, age 6-9 Sara Kiesel | 4-5:30pm BALLET 2-3, age 10+ Emily Hildebrand | 11:30am-1pm BALLET 4, age 14-adult Emily Hildebrand |
| CHOREOGRAPHERS WORKSHOP, age 13+ Susan Quinn | 5:40-7pm COMMUNITY BALLET Beginners, age 13-adult Fiona Scruggs | | 6-8pm COMMUNITY BALLET Int/Adv, age 14-adult (Required for Level 4 PAP Ballet) Alex Bloomstein *7:30-8pm is dedicated to Men's Technique* | 4:00-6:00pm GUEST HIP HOP/STREET STYLES WORKSHOPS, Open level, age 14-adult Oct 28 with DaShawn Davis Nov 18 with Kelli Forman Dec 9 DaShawn Davis | 1:15-2:15pm Int/Adv ARTISTRY AND VARIATIONS, age 14-adult Emily Hildebrand |
| | | | STUDIO C | | |
| 4-5pm DANCE FOUNDATIONS, age 8-10 Susan Quinn | 11:00-12:00pm EXTRA SPECIAL TEAS Sara Kiesel (starting 9/27) | 3:45-4:30pm CREATIVE DANCE (age 4-7) Tom Truss (starting 10/19) | 3:45-4:30pm CREATIVE DANCE, age 4-6 Sara Kiesel | 9:30-11am TAI CHI (Rental) KATHY/DAVID Berkshire Tai Chi | 9-9:45am CREATIVE DANCE, age 4-6 <i>Erin Naylor</i> |
| | 1-2am (starting 10/25) ZUMBA, age 14-adult Luana Dias David | 4:40-5:40pm BEGINNERS TAP, age 7+ Shaan Battersby | 4:30-5:30pm BEGINNERS FLAMENCO, age 7-12 | 4-5pm FUNK BOX BREAKING beginner, 10+ Andres Ramirez | 10-11am TUMBLING, age 5-7 Erin Naylor |
| 5:15-6:15pm Adv beg/Int TAP, age 10-adult <i>Shaan Battersby</i> | 3:45-5pm DANCES OF AFRICA, age 9-12 Kim Waterman 4:30-5 Live Music by Rick Shrum | * | Joanne B. Jackson | *Guest Hip Hop Workshops will take place instead of regular class on 10/28, 11/18, and 12/9 4-6pm* | |
| | 5:45-6:45pm BEGINNERS FLAMENCO, age 14- adult Joanne B. Jackson | 6-7pm YOGA, age 13-adult Erin Naylor | 5:40-6:45pm SHAKE YOUR SOUL, age 18+ Madeline Despres-Chen | 5-6pm FUNK BOX BREAKING intermediate, tage 10+ Andres Ramirez *Guest Hip Hop Workshops will take place instead of regular class on 10/28, 11/18, and 12/9 4-6pm* | 11:30-1:30pm TAEKWONDO (Rental) |
| 6:30-8pm TAI CHI (Rental) KATHY/DAVID Berkshire Tai Chi | 7-8pm BEGINNERS TAP, age 13-adult Molly Welch | 7:15-8:15pm TAEKWONDO (Rental) | 7:00-9:00pm SCOTTISH COUNTRY DANCE (Rental) | 6-7pm INT/ ADV TAP, age 12-adult Tom Masters | |
| | | M | USIC ROOM | | |
| 3:45-4:30pm BEG. DRUMMING, age 8 - adult | 3:45-4:30pm INT. DRUMMING, age 10-adult | 4:45-5:45pm MUSICAL THEATER FOR ADULTS, age 18+ | 4-5pm MUSICAL THEATER FOR TEENS, age 12-18 | | |

Wendy Welch