



Week-long and two-week Summer Programs for youth, teens and adults, including Dance Discovery, Rhythm Alive, A Taste of Spain, Hip Hop/Street Style, Contemporary, and Ballet. Register now!

Rhythm Alive for ages 8-10

July 5 – July 8, 2022 | Tuesday – Friday 9AM – 3PM | Pulse Studios | \$300, TA and EBT available

With Tom Truss, Nkoula Badila, Ntchota Badila, and Rick Shrum

This week-long program is dedicated to exploring rhythm in dance and music. Introductory classes in drumming, tap, body music, and African dance will teach students the importance of rhythm in culture and technique, how to listen for rhythm, and how to create it. Students will be guided to observe and discuss the rhythms they hear, see, and feel, around the studio and in life around them. A daily body music class will use these observations as inspiration and teach choreographic tools to develop movement and artistic voice. Program culminates with an informal sharing for families on the last day.

Daily Schedule:

9:00-10:00am Beginners Tap with Tom Truss
10:15 -11:45am Body Music with Tom Truss
11:45am-12:30pm Lunch
12:30 - 1:45pm African Dance with Nkoula Badila with accompanist Ntchota Badila
2:00-3:00pm Intro to Drumming with Rick Shrum

Dance Discovery for ages 9-12

July 5 – July 9, 2022 | Tuesday – Saturday 9AM – 3PM | Pulse Studios | \$350, TA and EBT available

With Tom Masters, Bettina Montano, Ian Spencer Bell, Melissa Elstein, Nkoula Badila, and Ntchota Badila

This week-long program invites students on a fun and adventurous expedition into the exciting, engaging, and rewarding world of dance. Students explore a range of dance styles with daily classes in ballet, modern, jazz, and African dance technique. The modern class will dedicate the end of class to exploring tools to create dance and develop the student's inner artist. The program culminates with an informal sharing for families on the last day.

Daily Schedule

9:00 - 10:15am Jazz with Tom Masters
10:30-11:40am Modern and Dance Making with Bettina Montano
11:40 - 12:20pm Lunch
12:30-1:45pm Ballet with Ian Spencer Bell Ballet with Melissa Elstein
2:00-3:00pm African Dance with Nkoula Badila with accompanist Ntchota Badila

HIP HOP/STREET STYLE INTENSIVE, for all levels ages 12 -14 and 15+

July 11 – July 16, 2022 (Celebration Jam on July 16) | Monday- Friday 8AM – 3PM, Saturday 3-5PM | Pulse Studios | \$450, TA and EBT available

Directed by Andres Ramirez, in partnership with The Funk Box Dance Studio.

Taught by Andres Ramirez, King Charles, DeShawn and Kelli Forman

In this week-long program, students will learn foundational movements and techniques of hip-hop and street style, alongside the cultural meaning and significance of these moves. Students will delve deeper into the world of hip hop with class discussions and lessons on history, music, art, and culture. The emphasis in this program is on social dancing and creativity. The program will create an encouraging space to try out what you learn and most importantly show off your unique style and personality while freestyling in daily cyphers. Styles will include beginner's breakdancing, party grooves, and footwork.

Each day starts with a motivational fitness session in the park to get students in a positive headspace to push themselves for a day of learning. This is 8:00 – 8:45am, and is optional. Classes at Pulse start at 9am.

Program culminates with a Celebration Jam on Saturday, July 16 at 3PM. This is an all-styles battle for the students to show off what they've learned, as well as invite dancers around the area to battle and cypher.

Contemporary Intensive

**July 18 – July 30, 2022 | Monday – Friday 8:30AM – 3:30PM | Mornings at Pulse & Afternoons at Chesterwood | \$700, TA and EBT Available
Culminating Presentation on Friday, July 29 at 5pm. Rain date on Saturday, July 30 at 1pm.**

Serving 2 groups of students:

Group 1: advanced beginner/intermediate dancers, ages 11-13

Group 2: intermediate/advanced dancers, ages 14+

With Fern Katz, Micheline Weiler, Luana Dias David, Sereena Hunter, Gillian Ebersole, Rebecca Alson-Milkman, Sayer Mansfield, Leighann Kowalsky, Nkoula Badila, and Ntchota Badila

Please note: registration in the Contemporary Intensive requires participation in the full 2-week program.

This two-week interdisciplinary program develops excellence in technique as well as versatility and collaboration in the creative process. The morning session takes place in the Pulse studios with a daily optional ballet barre warm up at 8:30AM, followed by contemporary dance technique classes, plus jazz, African, Samba, and Hip Hop classes throughout the two-week program. Technique classes will focus on full-bodied movement with development of strength and skill, connectedness and ease, alignment, and dynamic movement vocabulary. Elements of partnering will also be included. The afternoon will take place in the sculpture gardens at Chesterwood, and bring dancers into site specific creative process. Choreography classes will utilize studies of phrase-making, composition, and structured improvisations. Dancers will be guided collaboratively to create a site-specific and immersive audience experience for an in-person showing and a dance film. The program will culminate with a FREE performance of student works created in the sculpture gardens of Chesterwood.

Ballet Intensive

August 1 – August 6, 2022 | Monday – Saturday 9AM – 3:30PM | Pulse Studios | \$400,

Serving 2 groups of students:

Group 1: advanced beginner/intermediate dancers, ages 11-13

Group 2: intermediate/advanced dancers, ages 14+

With Micheline Weiler, Sophie Alpern, Alex Bloomstein, Rebecca Alson-Milkman, Daphne Zniemer, Sayer Mansfield, Melissa Elstein, and guest speakers Victoria Guy and Beth LaPierre

This program will offer ballet students an opportunity to expand their knowledge of Ballet as a traditional and contemporary art form, while experiencing its value as an effective tool for other dance forms. Daily classes include ballet technique, pointe/ pre-pointe/ traditional male ballet technique, partnering, pilates, and artistry and variations. Challenging all facets of the student's artistry, our faculty will meet each artist where they are to refine their technical skills, strength,

musicality, and foster their dynamic artistry. Program culminates with an informal sharing for families on the last day.

A Taste of Spain for ages 18+

June 11 & 12, 2022 | Saturday - Sunday 9:30AM – 12:45PM | Pulse Studios | Cost TBD, TA and EBT available

With Joanne Bockemuehl-Jackson

9:30-11am for absolute beginners

11:15-12:45pm for people with Flamenco experience

Weekly classes and workshops for youth, teens and adults will also be happening at the Pulse studios this summer! Please visit berkshirepulse.org for our Summer 2022 class schedule.